



A new and beautiful you

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Waxing Pre and Post Treatment Instructions

PRE TREATMENT INSTRUCTIONS

- **Avoid** sun exposure and tanning beds to treated areas 1 week prior to treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 30 is always recommended.
- **Avoid** excessive exfoliation or scrubs on treatment areas 48 hours prior to treatment.
- **Avoid** any irritants to your skin, such as any products containing: Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents or Vitamin C for 1 week before your treatment.
- **DO NOT** wax, tweeze, or use a depilatory on treatment areas for 1 week prior to your treatment.
- I understand that to avoid any complications I must discontinue the use of any acne or other topical medications 7 days prior to waxing and if I am on Accutane I must wait 6 months before any waxing.

CONTRAINDICATIONS

Please let your provider know prior to treatment if you have any of the following conditions that may be contraindicated, included but not limited to

- Recent facial surgery
- Recent diamond glow, microdermabrasion treatments, chemical peels, microneedling, and/or laser treatment
- Unresolved irritations of the skin
- Allergies
- Tendency to cold sores/fever blisters
- Use of acne medication including Retin-A, Accutane, Differin, Tazorac, Avage or the like.

POST TREATMENT INSTRUCTIONS

- **Avoid sun exposure** and tanning beds to treated areas 1 week after treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 30 is always recommended.
- **Avoid** any irritants to your skin, such as any products containing: Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents or Vitamin C for 1 week after your treatment.
- **Avoid** hot showers, chlorinated pools, spas, and saunas.

I understand that these pre/post care instructions are important to my overall treatment. I agree that I have read and understand what is required of me before and following my treatment.